



On-Belay House
Anthony Louis Center

Anthony Louis Center
1000 Paul Parkway
Blaine, MN 55434
(763) 757-2906

Anthony Louis Center
7700 Hudson Road #600
Woodbury, MN 55125
(651) 731-0031

Anthony Louis Center
1517 E Highway 13
Burnsville, MN 55337
(952) 890-8879

On-Belay Plymouth
115 Forestview Lane N
Plymouth, MN 55441
(763) 546-8008

On-Belay Eden Prairie
7170 Bryant Lake Drive
Eden Prairie, MN 55344
(952) 224-5873

Welcome to On-Belay House/Anthony Louis Center. The following is information needed for admission into any of our programs and a brief list of what items you may and may not bring to the facility. Any questions, feel free to talk with staff.

The following information is needed Prior to Admit

Assessment and Pre-Screen

- Prior to admission: All clients will need to complete have a current assessment (typically a Rule 25 assessment) completed. This assessment will need to be reviewed by a counselor or program director at On Belay House/Anthony Louis Center. After reviewing the assessment and collaborating with the assessor and other workers involved, the counselor or program director will decide if the client is appropriate for the treatment program. If approved for treatment at On Belay House/Anthony Louis Center, one of the coordinating staff will contact the referring person or family to initiate admission.

Insurance Verification:

- As part of the Pre-Screen process, On Belay House/Anthony Louis Center will gather information on the potential client's identified funding source including their current insurance information, benefits and any other funding options. Insurance benefits and payment options will be made available to families through the business office at 763-542-9212.

Placement Physical (Residential Only)

- A Placement Physical is required to be completed prior to admission or within 72 hours following a client's admission. The placement physical can be done by a primary care physician or a certified nurse practitioner. It must review client's health history, a statement that the client is free from communicable diseases, list of all medications including instructions on each medication, the symptoms it is to alleviate and side effects to warrant contacting the physician. On Belay House/Anthony Louis Center can provide documents for medical staff to complete for the physical requirements.

The Following items are needed at the time of intake:

- A legal guardian to sign paperwork
- Social Security numbers for client and parent
- A current insurance card to make a copy for chart
- Contact information (phone/fax numbers and addresses) for workers such as Rule 25 case managers, Probation Officers, Social Workers, therapists, psychiatrists, Guardian ad Litem, etc.
- Primary care physician information as well as medication and refill information.
- Parents/ Legal guardians are responsible for obtaining refills for medications



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What to bring & What to expect

Dress Code

On-Belay House/Anthony Louis Center has a dress code that is expected to be followed by all clients and visitors.

- **Dress Code:** Clothes must be appropriate, no tight fitting items, no short shirts, shorts or skirts. Staff will use their discretion. No band/music clothing items. No loose fitting clothes in which shirts hang low and are revealing breasts nor pants hang low and are revealing buttocks. Undergarments are not to be seen, they are to be worn under clothing. And “pajamas” including pajama pants are to be worn at night time only.

Items to bring to residential

- **Clothing:** MAXIMUM - 8 pairs of pants/shorts/skirts-
 - 10 Tops- shirts, T-Shirts, sweatshirts, or sweaters etc..
 - 2 weeks worth of underclothes
 - 2-4 Tank tops to be worn as an undergarment only
 - 2 Shoes, 1 tennis or exercise shoes and 1 pair slippers
- On-Belay House/Anthony Louis Center will provide towels
- All necessary bedding will be provided.
- Clients and families will need to provide all required **hygiene products** including: toothbrush and paste, soap, shampoo, tampons, tampons, sanitary napkins and razors (which are kept locked up to be used at specific times) etc.
 - NO Aerosol (Bring non-aerosol shaving cream)
 - NO alcohol containing products. Mouthwash must be alcohol free and brought into the facility new and sealed
 - NO perfumes or colognes.
- AA/NA and spirituality books are approved reading. All other books must be approved by client’s primary counselor. Books containing chemical use, such as “Crank, Glass, Tweek. etc.” can be triggering to clients and other clients in treatment and are typically not suggested as part of reading during treatment. Please check with primary counselor prior to bringing in a book for client.
- School Supplies such as notebooks and pencils
- Phone Card (if long distance calls will be made by client)
- Stamps and Envelopes

Items not to bring: Residential and Outpatient)

- Tapes, CD’s, movies, game boys, MP3, IPODS or ANY electronics
- Band/Concert clothing items
- Low-cut, revealing, tight-fitting clothing
- Fingernail polish or other nail products
- Drug or alcohol related clothing, posters etc.
- Pictures of using friends or other inappropriate pictures
- Cell phone or pager
- Aerosol products—including hygiene products such as shaving cream/hairspray



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- Gum, Candy, pop, caffeine products, food of any kind. On Belay House/Anthony Louis Center does not allow any outside food and does not store food for client's personal use.
- No Nicotine or tobacco products
- No perfume or cologne
- No permanent markers